

# “Mental and Emotional Health and Wellbeing Perspectives” Balens 2021 CPD Conference

Monday 24<sup>th</sup> May 2021 – Ricoh Arena Coventry



09:15 – 09:45 Registration Arrival Tea & Coffee

09.45 – 10.00 **David Balen - Welcome & Introduction - Aims and Objectives of the Day**  
Chairman - Balens Ltd

10.00 – 11.10 **Dr Rosy Daniel - Mapping the Mental Health Territory**  
BSc MBBCh Health Creation Consultant

Mental health issues are by far the largest group of illnesses within society today and as complementary practitioners we must know how to recognise what our clients are dealing with, what help we can provide within our own modality, and how, and when, to refer those with mental health conditions into psychiatric, community and social care services.

Dr Rosy Daniel will map the mental illness territory for us, explaining the key symptoms of the major mental illness and the range of needs people have in body, mind and spirit when experiencing them. Of key relevance is how we differentiate between psychosis and spiritual awakening and learning how to transform breakdown into breakthrough. Rosy will help define the boundaries for when referral is needed and how this is done. Added to this she will touch into the impact on us of working with those in psycho-spiritual crisis and how we need to look after ourselves when working in this territory.

11.10 – 11.25 Refreshment Break

11.25 – 12.45 **Keynote Speaker – TBC**

12.45 – 14:00 Lunch & Networking

14:00 – 15.10 **Hannah Volpe – The Legal Bit: Vulnerable Patients, Consent and Psychiatric Injuries**  
Partner at DAC Beachcroft LLP

Hannah Volpe will talk about legal responsibilities when treating vulnerable clients, including the taking of appropriate explicit or implied consent to treatment. She will also look at examples of cases involving claims for psychiatric injury.

15.10 – 15.25 Refreshment Break

15.25 – 16.20 **Mike Jeffries – Current Trends in Mental Health Provision – Where do Natural Health and Wellbeing Professionals fit into the scene now and going forward**  
Training Manager Birmingham Mind, responsible for delivering Birmingham Mind training into workplaces, community organisations, Colleges, Universities & schools

Mike aims to give a flavour of current trends in mental health provision as seen through the experience of a large Mental Health charity which is constantly evolving to meet new challenges and commissioning frameworks, as well as being involved in wide and diverse networks and consortiums working in mental health in the Birmingham area. Mike hopes to offer thoughts and ideas about how Natural Health and Wellbeing Professionals may look to fit into the scene now and going forward, in as practical a way as possible.

16.20 – 17.00 **Q & A Panel Discussion – with most lecturers from the day**

17.00 Networking & Close

## Event Details:

**Date:** Monday 24<sup>th</sup> May 2021

**Timings:** Registration 09.15 (for 09.45 am start) – 17.00

**Venue:** Ricoh Arena Coventry

**Cost:** TBC (expected to be £34.50 - £35), inclusive of refreshments, attendance certificate for 6 hours learning with others, speaker notes.

**Refreshments:** Tea/Coffee included, lunch TBC.

**Data Protection:** We will require your express consent to pass your details to the Holistic Health Show organisers to register you for your complimentary show ticket. You have a right to withdraw your consent, and redact your details from the show organisers at any time

**Filming:** As in previous years, the event will be filmed, with recordings of all lectures available on our website after the event. If you do not wish to be recorded, we request that you please sit in a location out of camera shot and make your views known to the film crew.

**Travel:** TBC

**Bookings:** To secure your place please e-mail [events@balens.co.uk](mailto:events@balens.co.uk) confirming your:

- ✓ **Name & post code**
- ✓ If you wish to have **lunch or not**

We will then contact you with regards to confirmation and payment details. Please note there may be a short turnaround time for this.

**Tickets:** Your ticket for entry to the CPD Event, together with receipt for your payment will be sent to you by e-mail after payment has been received.

**COA:** An attendance certificate noting 6 hours of learning with others will be sent to you after the event. It is important that you register with our teams on arrival, to ensure receipt of your Certificate of Attendance.

**Cancellation:** In the event you are unable to attend the CPD event there is a refunds policy in place:

- 12 weeks prior the event date full refund – less 10% administration / handling fee
- 6 weeks prior to the event date – 50% refund - less 10% administration / handling fee
- 4 weeks prior to the event date 25% - less 10% administration / handling fee

After this date no cancellation refunds will be given, but a credit towards the 2022 CPD event will be issued at the discretion of the management.

**Contact us:** We trust that the event will be a successful and positive experience. Should you have any questions, please do not hesitate to contact us at [events@balens.co.uk](mailto:events@balens.co.uk) or telephone **01684 898 995**.

### Event kindly sponsored by:

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